

2022 Dementia Caregiver Resources

Websites

Alzheimer's Association <https://www.alz.org/>

Alzheimer's & Dementia Weekly <http://www.alzheimersweekly.com/>

Alzheimer's Foundation of America <https://alzfdn.org/>

American Lifetime Day Clock <https://americanlifetime.com/>

AARP Family Caregiving <https://www.aarp.org/caregiving/>

Buck & Buck: adaptive clothing for men & women, seniors, disabled & elderly <https://www.buckandbuck.com/>

Daily Caring: Tips and Help for Caregivers <https://dailycaring.com/>

Dementia Success Path – Krista Mesenbrink <https://dementiasuccesspath.com/>

Dementia Action Alliance <https://daanow.org/>

Diverse Elders Coalition <https://diverseelders.org/>

Dementia Friendly America <https://www.dfamerica.org/>

Dementia Map <https://www.dementiamap.com/>

Dementia Society of America <https://www.dementiasociety.org/>

Family Caregiver Alliance <https://www.caregiver.org/>

Jelly Drops – USA – sugar-free jelly drops help to increase fluid intake <https://www.jellydrops.us/>

Joy For All Companion Pets <https://joyforall.com/>

Memory Café Directory <https://www.memorycafedirectory.com/>

Neuroscience News <https://neurosciencenews.com/>

Positive Approach to Care – Teepa Snow <https://teepasnow.com/>

SingFit Studio Caregiver <https://www.singfit.com/>

Stories Love Music <https://www.storieslovemusic.com/>

StoveTop FireStop – Rangehood Fire Suppressor <https://stovetopfirestop.com/>

Total Health Works – Online Brain & Body Training for Alzheimer's, Parkinson's, MS & Aging 50+
<https://totalhealthworks.com/>

Trualta <https://www.trualta.com/>

Validation Therapy – Naomi Feil, Founder <https://vvalidation.org/>

View Clix – Live Video Calls for Seniors <https://www.viewclix.com/>

Well Spouse Association <https://wellspouse.org/>

Facebook

Alzheimer's Activity Zone – private group

Central MN Dementia Community Action Network – public

Dementia Caregiver Solutions Support Group – private group

Dementia Caregiver Support & Activities For Challenging Behaviors Community – private group

Dementia Caregiver Support: Mealtime & Nourishment Solutions – private group

Dementia Support And Advice Group – private group

Life After Alzheimer's/Dementia Family/Caregiver Support Group – private group

APPS

Alzheimer's Daily Companion

Care Predict

CaringBridge

CircleOf- Shared Home Care

Clear Dementia Care

CogniCare- Support for Dementia

Cognitive Rehab in Dementia

Dementia Stages Ability Model- Teepa Snow's Positive Approach to Care

Insomina Coach

Memoryz

NymbL Training

SingFit Studio

The Dementia - Friendly Home

5 Star Books

- “ A Road Map for Dementia: A Workbook for Families by the Author of Does My Mom have Dementia? “
By Erik Lande, PhD 2022
- “ A Year Of Self-Care: Daily Practices And Inspiration For Caring For Yourself” By Dr. Zoe Shaw, Psy.D 2021
- “Breathe Deeper: Surrender, Hope, and Other Strategies on Your Journey Caring for A Loved One with Dementia”
By Joanne Ellis 2021
- “ Caregiver Overwhelmed: How to Cope with Alzheimer’s Disease and Dementia Without Losing Your Mind”
(Dementia Care Made Easier) By Teri Halstead, RN MSN 2021
- “Creative Engagement: A Handbook of Activities For People With Dementia” By Rachel Wonderlin with
Geri M. Lotze 2020
- “ Coping with Dementia: Effective Solutions to Family Caregiving Dilemmas” By Rosemary DeCuir-McKown 2022
- “Dignity For Deeply Forgetful People: How Caregivers Can Meet the Challenges of Alzheimer’s Disease”
By Stephen G. Post, PhD and Rev. Dr. Jade C. Angelica 2022
- “Does My Mom Have Dementia? How To Recognize And Deal With Dementia In Your Loved Ones” 2nd Edition By
Erik Lande, PhD & Robert Duff, PhD 2022
- “Essential Strategies for The Dementia Caregiver: Learning to PACE Yourself” By Tami Anastasia, MA 2021
- “Forget Me Not: The #1 Alzheimer’s and Dementia Guide for Professional and Family Caregivers” By Debra Kostiw
2022
- “Keeping Love Alive As Memories Fade: The 5 Love Languages and the Alzheimer’s Journey” By Deborah Barr,
MA Edward G. Shaw, MD and Gary Chapman, PhD 2016
- “Living in the Moment: A Guide to Overcoming Challenges and Finding Moments of Joy in Alzheimer’s disease and
Other Dementias” By Elizabeth Landsverk MD 2022
- “Loving Someone Who Has Dementia: How to Find Hope While Coping with Stress and Grief” Pauline Boss, PhD
2011
- “Self Care For Caregivers: A Practical Guide to Caring For You While You Care For Your Loved One” By
Susanne White 2022
- “The Caregiver’s Guide to Dementia: Practical Advice for Caring for Yourself and Your Loved One”
By Gail Weatherhill RN, CAEd 2020

- “The Dementia Care Partner’s Workbook: A Guide for Understanding, Education and Hope” By Edward G. Shaw,MD,MA 2019
- “The End of Alzheimer’s Program: The First Program to Prevent and Reverse Cognitive Decline” By Dale E. Bredeesen, MD and David Perlmutter, MD 2020
- “The End of Alzheimer’s Program: The First Protocol to Enhance Cognition and Reverse Decline at Any Age” By Dale E. Bredeesen, MD and David Perlmutter MD 2022
- “The First Survivors of Alzheimer’s: How Patients Recovered Life and Hope in their Own Words” By Dale E. Bredeesen, MD 2021
- “The Power of 5 Test Kitchen Cookbook: Caregiver Edition “ By Melissa C. Bernstein, OT, FAOTA and David Bernstein, MD,FACP 2021
- “The 36 Hour Day: A Family Guide To Caring for People Who Have Alzheimer’s Disease and Other Dementias” 7th Edition By Nancy L. Mace, MA and Peter V. Rabins, MD, MPH 2021
- “Understanding The Changing Brain: A Positive Approach to Dementia Care” By Teepa Snow, MS, OTR/L, FAOTA 2021
- “When Waves Rise: Navigating Difficult Moments Associated with Dementia” By Sarah Viola,OTR/L with Naomi Evans, MS, CCC-SLP 2021