D-CAN Fall Dementia Caregivers Conference 2022

Dementia Caregiver Resource Guide

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Conference Exhibitors

A Home for the Day 320-260-5221 http://www.ahomefortheday.com/

Alzheimer's Association 320-257-0699 www.alz.org/mnnd

Arise Cares 320-230-6348 https://arisecares.com/

Assumption Community 320-348-2322 https://www.assumptioncommunityfaithinaction.com/

Senior LinkAge Line 320-253-9349 https://cmcoa.org/

City of St. Cloud -Whitney Senior Center 320-255-7245

https://www.ci.stcloud.mn.us/93/Whitney-Senior-Center

Consumer Directions 1-866-400-1017 www.consumerdirections.info

Good Shepherd Community 320-259-3476 https://goodshepherdcampus.org/

Moments Hospice (320) 372-4300 https://momentshospice.com/

Neptune Cremation Society 612-369-5892 dave.durham@sci-us.com www.neptunesociety.com

ProMedica Hospice and Palliative care 320-654-1136 www.ProMedica.org

Salt n Prep 651-226-4684 www.saltandprep.com

Sara's Soles Care, LLC 320-557-6142 www.sarassolecare.org

Shaklee-Growth Team 320-292-2512 carlstedttheresa@gmail.com

SOS-Smart Organizing Solutions 320-248-6694 https://sosmn.net/

SPOT Rehab and Home Care 320-291-3226 www.spot-rehab.com

Tri-County Action Prog, Inc 320-251-1612 https://tricap.org/

Websites

Alzheimer's Association https://www.alz.org/

Alzheimer's & Dementia Weekly http://www.alzheimersweekly.com/

Alzheimer's Foundation of America https://alzfdn.org/

American Lifetime Day Clock https://americanlifetime.com/

AARP Family Caregiving https://www.aarp.org/caregiving/

Buck & Buck: adaptive clothing for men & women, seniors, disabled & elderly https://www.buckandbuck.com/

Daily Caring: Tips and Help for Caregivers https://dailycaring.com/

Dementia Success Path – Krista Mesenbrink https://dementiasuccesspath.com/

Dementia Action Alliance https://daanow.org/

Diverse Elders Coalition https://diverseelders.org/

Dementia Friendly America https://www.dfamerica.org/

Dementia Map https://www.dementiamap.com/

Dementia Society of America https://www.dementiasociety.org/

Family Caregiver Alliance https://www.caregiver.org/

Jelly Drops – USA – sugar-free jelly drops help to increase fluid intake https://www.jellydrops.us/

Joy For All Companion Pets https://joyforall.com/

Memory Café Directory https://www.memorycafedirectory.com/

Neuroscience Newshttps://neurosciencenews.com/

Positive Approach to Care – Teepa Snow https://teepasnow.com/

SingFit Studio Caregiver https://www.singfit.com/

Stories Love Music https://www.storieslovemusic.com/

StoveTop FireStop – Rangehood Fire Suppressor https://stovetopfirestop.com/

Total Health Works – Online Brain & Body Training for Alzheimer's, Parkinson's, MS & Aging 50+

https://totalhealthworks.com/

Trualta https://www.trualta.com/

Validation Therapy –Naomi Feil, Founder https://vfvalidation.org/

View Clix – Live Video Calls for Seniors https://www.viewclix.com/

Well Spouse Association https://wellspouse.org/

Facebook Groups

Alzheimer's Activity Zone – private group

Central MN Dementia Community Action Network – public

Dementia Caregiver Solutions Support Group – private group

Dementia Caregiver Support & Activities For Challenging Behaviors Community – private group

Dementia Caregiver Support: Mealtime & Nourishment Solutions – private group

Dementia Support And Advice Group – private group

Life After Alzheimer's/Dementia Family/Caregiver Support Group – private group

APPS

Alzheimer's Daily Companion

Care Predict

CaringBridge

CircleOf- Shared Home Care

Clear Dementia Care

CogniCare- Support for Dementia

Cognitive Rehab in Dementia

Dementia Stages Ability Model- Teepa Snow's Positive Approach to Care

Insomina Coach

Memoryz

Nymbl Training

SingFit Studio

The Dementia - Friendly Home

5 Star Books

- " A Road Map for Dementia: A Workbook for Families by the Author of Does My Mom have Dementia? " By Erik Lande, PhD 2022
- " A Year Of Self-Care: Daily Practices And Inspiration For Caring For Yourself" By Dr. Zoe Shaw, Psy.D 2021
- "Breathe Deeper: Surrender, Hope, and Other Strategies on Your Journey Caring for A Loved One with Dementia" By Joanne Ellis 2021
- " Caregiver Overwhelmed: How to Cope with Alzheimer's Disease and Dementia Without Losing Your Mind" (Dementia Care Made Easier) By Teri Halstead, RN MSN 2021
- "Creative Engagement: A Handbook of Activities For People With Dementia" By Rachel Wonderlin with Geri M. Lotze 2020
- " Coping with Dementia: Effective Solutions to Family Caregiving Dilemmas" By Rosemary DeCuir-McKown 2022
- "Dignity For Deeply Forgetful People: How Caregivers Can Meet the Challenges of Alzheimer's Disease" By Stephen G. Post, PhD and Rev. Dr. Jade C.Angelica 2022
- "Does My Mom Have Dementia? How To Recognize And Deal With Dementia In Your Loved Ones" 2nd Edition By Erik Lande, PhD & Robert Duff, PhD 2022
- "Essential Strategies for The Dementia Caregiver: Learning to PACE Yourself" By Tami Anastasia, MA 2021
- "Forget Me Not: The #1 Alzheimer's and Dementia Guide for Professional and Family Caregivers" By Debra Kostiw 2022
- "Keeping Love Alive As Memories Fade: The 5 Love Languages and the Alzheimer's Journey" By Deborah Barr, MA Edward G. Shaw, MD and Gary Chapman, PhD 2016
- "Living in the Moment: A Guide to Overcoming Challenges and Finding Moments of Joy in Alzheimer's disease and Other Dementias" By Elizabeth Landsverk MD 2022
- "Loving Someone Who Has Dementia: How to Find Hope While Coping with Stress and Grief" Pauline Boss, PhD 2011
- "Self Care For Caregivers: A Practical Guide to Caring For You While You Care For Your Loved One" By Susanne White 2022

- "The Caregiver's Guide to Dementia: Practical Advice for Caring for Yourself and Your Loved One" By Gail Weatherhill RN,CAEd 2020

- "The Dementia Care Partner's Workbook: A Guide for Understanding, Education and Hope" By Edward G. Shaw,MD,MA 2019

- "The End of Alzheimer's Program: The First Program to Prevent and Reverse Cognitive Decline" By Dale E. Bredesen, MD and David Perlmutter, MD 2020

- "The End of Alzheimer's Program: The First Protocol to Enhance Cognition and Reverse Decline at Any Age" By Dale E. Bredesen, MD and David Perlmutter MD 2022

- "The First Survivors of Alzheimer's: How Patients Recovered Life and Hope in their Own Words" By Dale E. Bredesen, MD 2021

- "The Power of 5 Test Kitchen Cookbook: Caregiver Edition " By Melissa C. Bernstein, OT, FAOTA and David Bernstein, MD,FACP 2021

- "The 36 Hour Day: A Family Guide To Caring for People Who Have Alzheimer's Disease and Other Dementias" 7th Edition By Nancy L. Mace, MA and Peter V. Rabins, MD, MPH 2021

- "Understanding The Changing Brain: A Positive Approach to Dementia Care" By Teepa Snow, MS, OTR/L, FAOTA 2021

- "When Waves Rise: Navigating Difficult Moments Associated with Dementia" By Sarah Viola,OTR/L with Naomi Evans, MS, CCC-SLP 2021